Getting To Know

THE ADVANTAGES AND DISADVANTAGES OF HERBAL MEDICINE

In 30 seconds, answer the following question:

• What kinds of food do you use as medicine?
1. Do you think herbal medicines work better than modern drugs?
2. Do you think doctors should study about and become experts in herbal medicine?
Listen and repeat. Then, choose a word to define.

1. Alternative (adj) /ɔːlˈtɜːrnətɪv/

2. Side effect (n) /saɪd ɪˈfekt/

3. Trauma (n) /ˈtraʊmə/

4. Consistent (adj) /kənˈsɪstənt/

5. Allergic (adj) /əˈlɜːrdʒɪk/

6. Effective (adj) /ɪˈfektɪv/

Make a sentence using that word.

Example: Some people are allergic to herbal medicine.
Wear Your Words

Explanation of useful idiom/collocation.

**Make use of** (phrase) to use something/somebody, especially in order to get an advantage

**Recover from sth** (collocation) to get well again after being ill/sick, hurt, etc.

**Example:**

✓ You can **make use of** ginger to heal your headache.

✓ He’s still **recovering from** his operation.

Make a sentence using the given idiom/collocation.
Essential Structures

Make a sentence using the given structure.

Structure:
An advantage/A disadvantage + of + N + is ...

Example: An advantage of herbal medicine is being cheap.
Raise Your Voice

Pair Work: Discuss the advantages and disadvantages of herbal medicine with your partner in 180 seconds.

Suggestions:

✓ Advantages: be cheap, reduce the risks of side effects, etc.

✓ Disadvantages: cannot deal with serious traumas, require a consistent use in a long period of time, etc.
Assessment Form

Here are some comments on your performance

<table>
<thead>
<tr>
<th>Students</th>
<th>Pronunciation</th>
<th>Vocabulary</th>
<th>Grammar</th>
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Feel free to ask if you have any questions!
What We Gained

✓ Vocabulary related to herbal medicine
✓ Make use of sth/sb
✓ Recover from sth
✓ Structure:
  An advantage/A disadvantage + of + N + is + ...
✓ Discussions about herbal medicine

Please do your homework in the downloadable outline from the website!
Homework

Complete your mission and find more in related lessons

<table>
<thead>
<tr>
<th>Your mission</th>
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<tbody>
<tr>
<td>✔ Take note of what you need to improve (Vocabulary, Grammar and Pronunciation)</td>
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<tr>
<td>✔ Search for related lessons in the course browser</td>
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<tr>
<td>✔ Take those lessons</td>
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<th>Recommendation</th>
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<tr>
<td>✔ Body and health vocabulary (#0073)</td>
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<td>✔ Body and health quiz (#0076)</td>
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